

Naam	Producent	ImT	Software	Prijs
Flowborne VR	Vunderwelten	VR + s	Android	free
Guided Meditation VR	Cubicle Ninjas	VR	Android	14.99 euro
Nature Treks VR	Greenergames	VR	Android	9.99 euro
Nature Treks: together VR	Greenergames	VR	Android	7.79 euro
Flow meditation	Flow	360	Android	free
ethereal land meditation	SFS Studio	VR	Android	free
VR_meditation	toshizo	VR	Android	free
TRIPP	TRIPP, inc.	VR	Android	demo = fre
Maloka	HOO KOO E KOO	VR	Android	free
Alcove	AARP Innovation Labs	VR	Android	free
Healium	Healium Developer	VR	Android	free?
Visitations	Light Clinic	VR	Android	Oculus: 9.9
Presence	aaron.work	VR	Android	free
Serenity	VReality	VR	Android	free
Levitate	Kai VR, inc.	VR	Android	free
Lightness	Gigoia Studios	VR	Android	free
The cosmic looking glass	Howell XR	VR	Android	free
Natur'360: Immersive Well-being	conVRgence	360	Android	free
Cosmic Flow: A relaxing VR experience	vedev	VR	Android	free
Liminal	Liminal VR	VR	Android	free
Loam Sandbox	Amebous Labs	VR	Android	free
Relaxium	SimBubble	VR	Android	free
Power nap	Future World Studios	VR	Android	free
Space: A VR Rosie Art Gallery	VR Rosie	VR	Android	free
Hoame	Hoame	VR + 3	Android	free
Solas VR	VRIM	360?	Android	free
MOOD	Moonshot-la	VR	Android	free
Eascape	NeuroLandscape	360	Android	free
ZenVR	Satori Studios	VR	Android	19.99 euro
Luna	Fenomena, inc	VR	Android	14.99 euro
Guided Tai Chi	Cubicle Ninjas	VR	Android	9.99 euro
Inner Focus	EPAM Systems	VR	Android	free
Ocean Route	MaSaitoh	VR	Android	free
Around The Island	MaSaitoh	VR	Android	free
Seas The Day!	VR Vision Inc	VR	Android	free
Outer Wilds Tiny Planet	Kosro	VR	Android	free
Zen Garden	Lone Wolf Interactive	VR	Android	free
Sphaeres VR	WunderVu	360	Android	6.36 euro (
Relax with Nature VR	Viond GmbH	360	Android	2.99 euro
Calm	Calm.com, Inc,	360	Android	free
mindZence Sleep	Minditorium IVS	VR	Android	4.99 euro
mindZence De-stress	Minditorium IVS	VR	Android	4.99 euro
Calm Place	Mimerse AB	VR	Android	free
Moment	Reality Mint LLC	VR	Android	free
Virry Happy: mindfulness in nature VR	Fountain Digital Labs	360	Android	29.99 euro
MindfulVR	MindMyths	360	Android	0.99 euro
enjeje	enjeje	360	Android	free
Breathe Peace World	GOH Studio	VR	Android	free
exVRience relaxation	exvrience	360	Android	2.99 euro

ShareCare windows	ShareCare Reality Lab	360	Android	9.99 euro
BreatheVR	Neon	VR	Android	2.99 euro
Azul - Mindfulness and Relaxation	The Pulse	360	Android	2.99 euro
Peaceful places	Peaceful places and The	360	Android	9.99 euro
The Coast	Turbulent	360	Android	free
Tiny Island Relax	Taosoftware	VR	Android	free
The Reef Two Rocks Australia	Viewport	360	Android	free
letB	Steam Switch Studio, INI	360	Android	free
SPACE to relax	Windansea Studio	VR	Android	free
Relax River	Polyraw Development	VR	Android	free
Zen Zone	Unello Design	VR	Android	4.99 euro
Soar (Tree of Life)	All 4 games	VR	Android	4.99 euro
Go For A walk	The Color Addiction	VR	Android	free
Eden River	Unello Design	VR	Android	1.99 euro
Satori Sounds VR	ZCat Systems, LLC; Brain	360	Android	Oculus: 2.9
Look To The Sky	Samsung Sidia	VR	Android	free
Paddle Ride Experience	Fguillotine	VR	Android	0.99 euro
A Night Sky	Coatsink Software	VR	Android	free
Tranquility	Focus VR Ltd	VR	Android	1.99 euro
Paper	Victor Knai	VR	Android	3.99 euro
Sunset Bay	Rotte Sonne	VR	Android	free
(m)ORPH	Speed of Dark Music	VR	Android	free
Perfect	nDreams	VR	Android	9.99 euro
Cloud Breath	Imaginary Objects LLC	VR	Android	12.99 euro
Myrdalssandur, Iceland	caves rd interactive	VR	Android	4.99 euro
Where Thoughts Go	Lucas Rizzotto	VR	Android	9.99 euro
Fujii	Funktronic Labs	VR	Android	14.99 euro
Catch & Release	metricminds GmbH & Co	VR	Android	19.99 euro
Echoes in White	Magic Horizons GmbH	VR	Android	7.99 euro
Mind Labyrinth VR Dreams	Oxygen Media	VR	Android	Oculus: 19
Flume Gorge in Winter	Lost Eagle Studios	360	Android	free
InstaCalm VR	42 Interactive, Neurotec	VR	Android	4.99 euro
Sheaf - Together EP	Stryde Games	VR	Android	free
The Grand Canyon VR Experience	Immersive Entertainmer	VR	Android	2.99 euro
Free Spirit VR meditation	Colibri XR GmbH	VR	Android	2.22 euro
Remind VR: Daily Meditation	Vive Studios	VR/Mc	Android	4.24 euro
Skill Master VR -- Learn meditation	Boulder VR Studios	VR	Android	13.48 euro
KameaVR	Rocker Science	VR	Android	7.00 euro
Best Beach VR	Shooterboy Entertainme	VR	Android	0.89 euro
AtOne Lite	NAKATOMI	360	Android	free
Nature Treks Pure	Greenergames	VR	Android	7 euro
KOI serenity	bruno LESIEUR	VR	Android	free
Get beached VR	InkBit Collective	VR	Android	8.50 euro
DEEP	Explore DEEP	VR	Android	9 euro
Perfect Beach	nDreams Limited	VR	Android	2.69 euro
Inner Light	Horsky s.r.o.	VR	Android	4 euro
LUMEN	LIFE VR	VR	Android	4.48 euro
Mio Garden	Nice Shoes	VR	Android	2.54 euro

Platform voor apps	Release date	Latest update
Oculus Quest (2)		
Oculus Quest (2), Oculus Rift, Oculus Go, Gear VR		
Oculus Quest (2), Oculus Rift, Oculus Go		
Oculus Quest (1-3)		
Oculus Quest (2), Oculus Go, Gear VR, Vive flow, SteamVR		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2), Oculus Rift, Oculus Go, Vive Focus, Vive flow, Plays Oculus: 20/2/2018	Oculus: 13/10/2018	
Oculus Quest (2)		
Oculus Quest (2), Oculus Go		
Oculus Quest (2), Oculus Rift, Oculus Go, Gear VR, Quest + link, Vive, Oculus: 8/10/2018	Oculus: 26/4/2019	
Oculus Quest (2), Oculus Go, Gear VR, HTC Vive Focus, Vive Focus Plus, HTC Vive Focus VR	Oculus: 11/03/2019; HTC: 28/10/2019	
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2), Oculus Go, HTC Vive, HTC Focus, HTC Focus Plus, HTC Vive Focus VR	Oculus: 08/09/2019	Oculus: 5/11/2019
Oculus Quest (2), Oculus Go, Gear VR, SteamVR		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2), Oculus Go, Gear VR		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2), Oculus Rift, SteamVR		
Oculus Quest (2), SteamVR		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2)		
Oculus Quest (2), Oculus Go		
Oculus Go, Oculus Rift, Gear VR, SteamVR		
Oculus Go, Gear VR		
Oculus Go, Gear VR		
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Oculus Rift (S), Oculus Go, Gear VR		
Oculus Go, Gear VR		

Oculus Go
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 Oculus Rift (2), Oculus Go, Gear VR
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 Oculus Rift (S)
 Oculus Rift (S)
 Oculus Rift (S)
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 Oculus Rift (S)
 Oculus Quest (2), Oculus Rift (S)
 Oculus Rift (S)
 Oculus Rift (S)
 Oculus Rift (S)
 Oculus Rift (S), Quest + link, Vive, Vive Cosmos, Vive Cosmos Elite, Vive
 Oculus: 16/10/: HTC: 8-10-2019
 Oculus Rift (S)
 Oculus Rift (S)
 Oculus Rift (S)
 Vive, Vive Pro, Oculus Rift (S), Oculus Quest + link, Windows Mixed Reality, SteamVR
 Oculus Rift (S), Oculus Quest + link, Vive, Vive Cosmos, Vive Pro, Vive Cosmos Elite, Vive Focus, Valve
 Vive, Vive Cosmos, Vive Elite, Steam 27/12/2016 3/10/2017
 Vive, Vive Cosmos, Vive Elite 13/10/2018 24/20/2018
 Vive Focus, Vive Focus Plus 22/06/2017 5/07/2017
 Vive Flow 9/06/2022 22/06/2022
 Vive Flow 22/11/2021 16/12/2021
 Vive, Vive Cosmos, Vive Pro, Vive Cosmos Elite 28/11/2018 4/12/2018
 Vive, Vive Cosmos, Vive Cosmos Elite 9/02/2018 22/02/2018
 Vive Focus, Vive Focus Plus, Vive Flow 16/11/2021 21/11/2021
 Vive Focus, Vive Focus Plus 23/05/2017 9/02/2018
 Oculus Rift (S), Quest + link, Vive, Vive Cosmos, Vive Pro, Valve Index, 7/11/2021 15/11/2021
 Vive, Vive Cosmos, Vive Cosmos Elite, Valve index 13/09/2016 25/09/2017
 Vive, Vive Cosmos, Vive Cosmos Elite, Vive Pro 19/09/2018 5/10/2018

website	Extra info
https://flowborne.com/	Blue space + breathing (biofeedback)
https://guidedmeditationvr.com/	Nature in VR + meditation exercises
https://www.greenergames.net/nature-treks	Nature in VR
https://store.steampowered.com/app/1521040/Nature Treks Together/	Connect with other in a relaxing VR
https://www.flow.is/	Icelandic nature
https://www.oculus.com/experiences/quest/4809129509173884/	Sanctuary in VR
https://sidequestvr.com/app/5245/vr_meditation	Meditation in VR
https://www.tripp.com/	VR worlds + meditation exercises
https://www.playmaloka.com/	Mindful metaverse
https://alcovevr.com/	A virtual home: 360 nature, guide
https://www.tryhealium.com/how-it-works/	Meditation with neurofeedback (10 min)
https://sidequestvr.com/app/2054/visitations	collection of vignettes to relax, er
https://sidequestvr.com/app/4309/presence	playful, meditative like space
https://sidequestvr.com/app/7671/serenity	breathing exercises and calming r
https://sidequestvr.com/app/8197/levitate	immersive realms
https://sidequestvr.com/app/421/lightness ; https://gigoiastudios.itch.io/lightness	meditative virtual art gallery
https://sidequestvr.com/app/1909/the-cosmic-looking-glass	12min guided meditation, movement
https://sidequestvr.com/app/10824/natur360-immersive-well-being	360 nature + guided relaxation session
https://sidequestvr.com/app/567/cosmic-flow-a-relaxing-vr-experience	relaxing, visual experience
https://sidequestvr.com/app/1042/liminal ; https://liminalvr.com/	Calm, energy, pain relief and awe
https://sidequestvr.com/app/6507/loam-sandbox	Gardening
https://sidequestvr.com/app/8803/relaxium	3 natural settings
https://sidequestvr.com/app/1218/power-napp	Power napp in VR surroundings
https://sidequestvr.com/app/1663/space-a-vr-rosie-art-gallery	art/space
https://sidequestvr.com/app/6428/hoame	meditation studio
https://sidequestvr.com/app/4706/solas-vr	nature, meditations
https://sidequestvr.com/app/7137/mood	meditation
https://sidequestvr.com/app/4707/eascape	nature landscapes
https://sidequestvr.com/app/5026/zenvr	meditation and mindfulness in VR
https://sidequestvr.com/app/6676/luna	Puzzle/relaxation game: help a looter
https://sidequestvr.com/app/7277/guided-tai-chi	Tai Chi in VR nature
https://sidequestvr.com/app/9934/inner-focus	Relax in the peaceful world of the
https://sidequestvr.com/app/5512/oceanroute	driving near an ocean route, relax
https://sidequestvr.com/app/4826/around-the-island	Relax on a tropical island with music
https://sidequestvr.com/app/4441/seas-the-day	Fishing, rowing and tai chi on a relaxing
https://sidequestvr.com/app/5520/outer-wilds-tiny-planet-custom-home	Relax on a tiny planet and gaze at
https://sidequestvr.com/app/10015/zen-garden-sidequest	Relax in a VR zen garden
https://www.oculus.com/experiences/go/2056481804440702 ; https://www.oculus.com/experiences/go/2708876125851246/	relaxing 360 nature videos
https://www.oculus.com/experiences/go/1900868696672010?ranking_tracking	relaxing 360 nature videos
https://www.oculus.com/experiences/go/1471880979518893?ranking_tracking	360 nature + meditations
https://www.oculus.com/experiences/go/1452559921492021?ranking_tracking	Calming VR + meditations with
https://www.oculus.com/experiences/go/2512152512128560?ranking_tracking	Relaxing VR + meditation
https://www.oculus.com/experiences/go/2035531256550083?ranking_tracking	Relaxing VR nature surroundings
http://virryvr.com/	Meditations in VR nature scenes
http://mindmyths.eu/the-app/	Mindfulness in 360 Kenya nature,
https://www.enjeve.com/	Mindfulness in 360 nature
https://breathepeace.world/	Relax in 360 nature
http://exvrrience.com/	Virtual storybookworld to relax
	Relaxation, music in 360 Australia

https://www.oculus.com/experiences/go/2500224536702304?ranking_trac 360 meditation nature environme
https://www.oculus.com/experiences/go/1478011548974390?ranking_trac Deep breathing
https://www.oculus.com/experiences/go/1274880599305742?ranking_trac 360 scenes to relax
<http://peacefulplacesvr.com/> 360 nature
https://www.oculus.com/experiences/go/1637176539706668?ranking_trac 360 landscapes
https://www.oculus.com/experiences/go/1284669471561141?ranking_trac Relax on a tiny virtual island
https://www.oculus.com/experiences/go/803125203132875?ranking_trace Relax in Australian nature
<https://www.letbvr.com/> 360 videos of North America
<http://xracademic.com/spacetorelax.html> Relax in space
https://www.oculus.com/experiences/go/1525859830793166?ranking_trac Relax on a boat and see beautiful
https://www.oculus.com/experiences/go/764544883656394?ranking_trace guided relaxation + zen garden
https://www.oculus.com/experiences/go/1265645153528817?ranking_trac Game: relax by restoring the tree
<https://thecoloraddiction.itch.io/goforawalk> Musical VR experience
https://www.oculus.com/experiences/gear-vr/943404132357717?ranking_t Float down a river and relax
<https://www.oculus.com/experiences/gear-vr/1723398854346437?ranking> Immersive environments + audio
<http://looktothesky.sidialab.com/> Relax by looking at the stars
<https://stmania2010.wixsite.com/fguillotinevr> Relaxing paddle/kayak tour
<https://coatsink.com/games/a-night-sky> Relax under the sky at a peaceful
<https://www.focusvr.co.uk/tranquility> Relaxing experiences
https://www.oculus.com/experiences/rift/1487340161359089?ranking_trac Relax while tossing paper airplane
<http://rotesonne.org/projects/sunset-bay/> Playful meditation app
<https://www.speedofdarkmusic.com/morph> interact with a music environmen
<https://ndreams.com/games/perfect> peaceful and interactive locations
<https://imaginaryobjects.io/> meditative environment of color,
<https://cavesrd.wixsite.com/mydralssanduriceland> Unique landscapes inspired by Ice
https://www.oculus.com/experiences/rift/1607040142706621?ranking_trac Discover thoughts of other player
https://www.oculus.com/experiences/rift/1237907126312932?ranking_trac A serene, mystical VR journey
<https://www.catchandrelease.game/> Relaxing VR fishing experience
https://www.oculus.com/experiences/rift/1610155619109869?ranking_trac Relax in VR (stars, suns, bubbles,..
https://www.oculus.com/experiences/rift/1978368332236407?ranking_trac Meditative journey in imaginative
<https://lost-eagle.com/experience/flume-gorge-in-winter/> 360 nature in winter
https://www.oculus.com/experiences/rift/3172687992780671?ranking_trac VR relaxation and meditation des
<https://www.strydegames.nl/sheaf> See relaxing places when you sit i
https://www.oculus.com/experiences/rift/1208507739163035?ranking_trac Enjoy a kayak tour in the virtual G
<https://www.viveport.com/apps/2603ee0d-6a03-496d-ae49-aa5463d9b7db> A meditative journey on the Inca
<https://www.viveport.com/apps/ed8ddf5c-8653-4296-9946-20dbbedf81b1> Meditation exercices in VR. Toss c
<https://www.viveport.com/apps/f842f236-6a3b-4a48-8ddd-b75d423d8e2e> Learn meditation with the control
<https://www.viveport.com/apps/726c305b-491a-4426-8594-2e3a3a1db085> Healing meditation experience in
<https://www.viveport.com/apps/6e4d6375-337f-4140-a6bf-4bf423c427d6> Relax and walk around on the bea
<https://www.viveport.com/apps/6ca91f1e-5dc4-48e4-a587-76697a989d3f> Different meditations in several 3
<https://www.viveport.com/apps/cd540f38-b33b-434c-a383-ca4416eb1ec3> Explore 7 beautiful environments
<https://www.viveport.com/apps/71e151f3-6f7f-44b6-93c1-18ef496340d3> Fish are swimming around while y
<https://www.viveport.com/apps/dbbcad7c-dfa8-44a0-9e14-41ebe933059a> Relax on the beach.
<https://www.viveport.com/apps/508c52ce-a49e-4130-8156-a608666dc004> Move through world by breathing
<https://www.viveport.com/apps/49289656-e7c7-4f33-939a-c9694c7b7d12> Lay down on the beach and relax.
<https://www.viveport.com/apps/7930374d-50d8-4ae2-98bd-66f48d959a01> Look at a candle and meditate.
<https://www.viveport.com/apps/c666dd8d-e42b-403c-91d3-58693f268220> Breathing exercices in a biolumini
<https://www.viveport.com/apps/290120cf-7f34-4a93-b94a-46e983ad0db1> Relax in a VR Japanese garden.



airplanes, toss pebbles, observe the horizon. Unclear: 2nd and 3rd version for 5 and 7 euros, for Mobi

you can move around colourful and 'ringing' objects. Suitable for children? People with disabilities?



le VR and Vive Focus.